

# Generosity provides cutting-edge treatment at Parkview

#### ECMO provides more time for organs to heal.

Your generosity is helping Parkview transform from a community hospital into a world-class destination for medical care. Treatments that once required traveling out of town to other healthcare providers are now available in our community thanks in part to your donor dollars. One example of this is Extracorporeal Membrane Oxygenation (ECMO), a heart/lung bypass procedure.

One day Bryan\* received an upsetting phone call, notifying him that his brother had passed away. Shortly after Bryan hung up the phone, he started to feel a pain in his own chest. At first he thought the pain might be due to the stress of learning his brother had died; but, the pain continued well into the evening. Bryan and his wife decided to go to Parkview Regional Medical Center. After an examination, Bryan was kept overnight and then released the next day.

A few days later, the pain in his chest returned, more severe than before. An ambulance rushed Bryan to Parkview. When they arrived at the emergency room, doctors told the family that Bryan's heart was no longer functioning. He had a 1% chance of surviving.

The doctors and Bryan's family made the decision to start ECMO. A machine took over the function of Bryan's heart and lungs as these organs experienced failure. He was supported by ECMO for a few days during which he opened his eyes occasionally, looking at his family and acknowledging their presence. Unfortunately, he passed away after several organs began to suffer from the stress of his heart attack. But, because of ECMO, Bryan's family and close friends were able to have a few more precious days with him.

Bryan's wife and family are thankful for ECMO and the Parkview team whose combined efforts gave the



family the gift of time. It is through the generosity of donors that Parkview is able to perform ECMO procedures. Extensive training is required for ECMO to be available at Parkview--training made possible by generosity. Without the extensive preparation of nurses, doctors, pharmacists, respiratory therapist, and many others, ECMO would simply not be available. Because of donors like you, patients and their families have more time for hope and healing.

\*Bryan's name has been changed to respect the patient's privacy.

For more information about how your generosity heals, please visit Parkview.com/Foundations



### Generosity and the Fine Arts Provide Healing at Parkview

Singing and dancing are more than entertainment for patients and family members.



Healing comes in many forms. Most of us associate healing with surgery, medication, or specialized procedures. However, visits from an artist on the Healing Arts team at Parkview Hospital are a unique "treatment" patients and families receive that also helps comfort and heal. Being in a hospital bed away from home can leave patients feeling lonely or vulnerable. The Parkview Healing Arts team can step in and provide a positive and helpful break from the medical procedures through song, dance, and other art forms.

Performances by Healing Artists can overcome negative senses for the patients and help them temporarily feel better. Visual artists at Parkview will leave drawings, paintings or other artistic pieces for patients. Many families have come back to retrieve them after realizing what a helpful part of the healing process it has been.

The Parkview Healing Arts program demonstrates that being mindful of your breath and what is happening in your body can be the root of healing. The brain waves that tell us we are in pain are the same brain waves that acknowledge pleasure when we are listening to a song or when movement is applied. Sometimes, a Healing Arts visit helps not only the patient, but their loved ones as well. One husband seemed skeptical of the musician and dancer when they came to his wife's hospice room. However, he asked them to perform a song that had been special to the couple. Later that day, the artists saw the man at the elevators. He shared with them that his wife had passed away, but he never knew that her last hours could be so beautiful.

The Parkview Healing Arts program is one of many ways donors help heal through their gifts to the Parkview Foundation. As one Healing Artist shared, "We all need healing. Everyone has a story and whoever you come in contact with in the hallway; you don't know where they're coming from that day. Everyone reaps the benefits of having a little music and a little dancing around."

# PARKVIEW HEALING/ATS

To find out more about the Healing Arts program, please visit Parkview.com/HealingArts



# Parkview Foundation Donors Comfort Young Patients

## Pediatric distraction kits provide entertainment and distractions while in the hospital.

Imagine what it feels like to be a child with a high fever. You don't feel well and your parents are frantically trying to get the fever down. They are making phone calls and then suddenly whisk you off in the car to the hospital Emergency Room. You are carried into a loud, cold, large room with all kinds of equipment and people you don't know. As a child, this experience can be overwhelming and frightening. That's why in 2015, Parkview Health's Child Life Specialists created pediatric distraction kits.

When caring for pediatric patients in areas such as the emergency Department, Imaging or Labs, staff can use these distraction kits to help ease an uncomfortable child. Each kit consists of a tube of bubbles, a water timer, a glitter wand, a water game, and other items designed to distort the pain signals during IV-starts, lab draws, and other medical procedures.

"The distraction kits are designed to provide age-appropriate distraction to children of all ages who experience stress associated with medical procedures. The various items in the kits also serve to empower children by giving them a means to minimize their discomfort," said Child Life Specialist Cassidy Ball.

Funding for the kits was made possible in part by donors through a mini-grant from the Parkview Foundation. "The kits are proven to reduce stress and anxiety," said Ball. Without the kits staff would not have the best tools and resources available to help calm children in these situations. "The kits provide not only resources, but enable staff to realize the importance of combining distraction, parental support, pain management and age appropriate care," said Ball.

The combination of these elements helps everyone—patients and adults—to have a more positive hospital experience. Children are empowered by having the kits available to minimize pain and help them cope with the hospital experience. Distraction kits are an everyday example of how even our youngest patients experience generosity. At Parkview, generosity heals.

## Parkview Foundations Event Calendar

#### September 17 & 19

Parkview Foundation Golf Classic Celebration

#### November 12

Parkview Wabash Foundation Gala

#### November 19

Parkview Noble Hospital & Parkview LaGrange Hospital Festival of Trees

2017

#### April 22

Parkview Foundation Cookin' Men

#### April 29

Parkview Huntingtor Community Gala

June 8 (tentative)
Parkview Noble Golf
Classic

#### June 22

Parkview Wabash Golf Scramble

#### June 23

Paddle for Parkviev LaGrange

#### July 21

Parkview Whitley Golf Classic

August 10 (tentative)
Parkview Huntington

Golf Classic

Register for these events and more at ParkviewFoundations.org

### Thank You to Our Parkview Foundation Connectors

In our community, Connectors are individuals who have hosted at least ten attendees at a Parkview Foundation Connect event. Many of our Connectors go on to serve as table captains at the Foundation's Circle of Generosity breakfast. Next year's breakfast will be held on May 18th, 2017 at the Mirro Center for Research and Innovation.

Madeleine Baker

Jeanne Mirro

Judy Dusman

Carolyn Johnson

Jill McAllister

Larry Rowland

Stephanny Smith

Jason Todd

An RSVP to Stephanny Smith at 266-7794 is required if you would like to attend a Parkview Foundation Connect event.

# Memory Boxes Comfort Grieving Families

### Memory boxes provide peace, comfort and healing.

Parents of newborn babies often collect items such as pictures, footprints, hand prints, newborn outfits

and more to remember their little one's first days. For parents who lose a baby, these items are even more precious. Through the compassion and generosity of donors to Parkview Foundation, parents who lose a baby at Parkview receive Memory Boxes.

The boxes hold the special mementos collected by family and eventually help heal family members during their time of loss.

When Jessica\* lost her son at 39 weeks, the nurses caring for her gave her a Memory Box. In it, they placed the miniature birth certificate, the matching hospital bracelets that mother and son would have worn, and a disc containing pictures of the baby.

In addition to the box itself, parents are given a CD with pictures of their little one that can be made into a baby book. Research has shown that remembrance photography not only provides parents with lasting memories, it also helps affirm their identity as parents after leaving the hospital. The pictures and the memory boxes compassionately validate a baby's life, no matter how brief.

When Jessica found out that the Memory Boxes were made possible through funding support from

the Parkview Foundation, she reached out to make a donation. "Without those [donations] we wouldn't

have gotten our box and there is so much in that box that we wouldn't have," she said. "When I found out [about the donations], I told my husband that I wanted to be able to help others going through what we had been through. I know that if I

can at least help someone else go through what they're having to go through that helps bring me some peace."

Your generosity heals. You help keep a memory alive, and you provide peace and comfort to families.



\*Jessica's name has been changed to respect the patient's privacy.

### **Contact Your Parkview Foundation**

Larry Rowland (260) 266-7790

Larry.Rowland@Parkview.com

Stephanny Smith (260) 266-7794

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Stephanny.Smith@Parkview.com

The Foundations of Parkview Health support our Regional Medical Center, community hospitals, and specialty facilities by raising funds for innovative programs, professional education, and new technologies that enable Parkview Health to provide exceptional care for our patients.

Parkview.com/Foundations

