



Parkview Co-Worker Special Edition

Working Together, Supporting Each Other

EAAF Provides Important Funds for Co-workers in Crisis

During the Foundations' Generosity Campaign, you not only help raise dollars that are crucial to the safety net that we provide to our patients and their loved ones. You also make it possible for us to reach out a supportive hand to Parkview co-workers who are dealing with their own crises.

From time to time, members of our teams find themselves struggling with complicated medical situations—their own or that of a loved one. And sometimes the unexpected strikes in the form of a house fire, flood damage, or the sudden death of a family member.

During challenging times such as these, the Employee Emergency Assistance Fund helps to meet the most immediate needs. Examples include: paying the rent or mortgage for a time, making sure there is food on the table, or keeping the utilities on. This vital fund relies entirely on the generosity of co-workers like you.

One Parkview co-worker shared his story to explain why the Employee Emergency Assistance Fund is so important.

"While I was still a contractor to Parkview my wife was diagnosed with stage four breast cancer.

After being hired, I spoke to one of the counselors at the Employee Assistance Program regarding some coping issues I had with Linda's illness and he encouraged me

to apply for financial assistance from the Employee Emergency Assistance Fund. I was quickly granted the assistance and it paid my mortgage, utilities and purchased groceries that month. It allowed me to catch up my medical bills which relieved me of the worry of which was going to get paid: the heat or the medicine. We had gone through all of our savings and I was truly worried about making ends meet.

To me it was more than financial assistance. It was a sign of faith that someone else cared for me. That my work family cared!

Unfortunately, Linda passed away nearly two years ago but I continue to heal emotionally. I want you to know that I am paying it forward. The relief I got from that one act of kindness was profound and I want to make sure that it can be there for others. I have given to the Foundation in the past and plan to continue to do so. For me there is healing in giving... I'm not done healing."

Generosity heals. It heals our patients, their loved ones, and our co-workers. And, by knowing you've made a difference when it was really needed, it heals the donor.

Please consider a gift or pledge in support of your Parkview Foundation's Employee Emergency Assistance Fund.
Parkview.com/Foundations

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If you do not want to receive future fundraising requests supporting the Parkview Foundations, you may call our telephone number (260-266-7800), or email us at foundation@parkview.com. We will honor your request not to receive any more fundraising communications from us after the date we receive your request.

Training and Certification Made Possible Through Donations

Certified Lymphedema Therapy Gives Patients Their Lives Back.

Our generosity supports excellent care for every person, every day. Sometimes that excellent care takes the form of continuing education and certifications for our co-workers so they are better able to serve our patients.

For Lynn Merrill, a physical therapist at Parkview Huntington, gifts from donors like you made it possible for her to complete the required 135 hours of education to gain her certification to treat lymphedema patients.

Many patients with severely swollen limbs or trunks aren't aware that the swelling is caused by lymphedema, nor are they aware that there is a way to treat it. For other patients, lymphedema is a side effect of cancer treatment. Sadly, many patients struggle alone for years, unaware that help is available.

Lymphedema is a serious medical condition. Those who suffer from it are at greater risk of developing infections, and it can lead to hospitalization. Lymphedema can also interfere with the treatment of other medical conditions.

As she considers those she has served in the past, one patient really stands out for Lynn. The patient had arthritis and was in need of knee replacement surgery. The pain was so severe it interfered with her ability to enjoy daily life, or even play with grandchildren. But because of the lymphedema, she was not a candidate for surgery. The orthopedic surgeon referred the patient to Lynn for treatment. After Lynn was able to reduce the swelling the patient was able to proceed with knee replacement surgery and enjoy a much higher quality of life.

The ability to offer specialized care is important, whether in a community hospital, in the NICU, or in the Cancer Institute. The ability to support continuing education is another example of how generosity supports excellent care at Parkview.

Your generosity is important and deeply appreciated, and your generosity heals. Please consider making a one-time gift or pledge in support of training and education. Thank you for your kind consideration.

Donations Help Noah Breathe Easier

Your gifts provide a safety net for patients.

The generosity we demonstrate every day also provides a safety net for our patients and their loved ones through the Special Touch Fund. When four-year-old Noah* arrived in the Emergency Room, he was having trouble breathing and he was scared. Because he had a history of Reactive Airway Disease this wasn't his first hospital visit; but that didn't make the experience any less frightening for him.

After Parkview Noble Hospital nursing staff gave Noah two breathing treatments, his breathing started to return to normal. Once he was stabilized, the nurses were able to focus on determining what had caused the asthma attack.

Noah is allergic to a lot of things: outdoor allergens, animal dander, and dust, to name a few. It seemed he couldn't go anywhere without encountering something that might trigger his asthma. Even home wasn't a safe zone for Noah. A home air purifier had given him some relief in the past, but sadly, it had been lost in a recent residential fire. Noah's parents couldn't afford a new one. Without

a purifier, he would likely end up in the Emergency Room with yet another asthma attack, and there was always the scary prospect that the next one could be fatal.

This is where the generosity we share made a difference in Noah's life. Gifts of the heart made it possible for the ER staff to send Noah home with an air purifier, provided free of charge. Giving Noah treatment in the ER was effective. However, excellent care in this case also meant reducing the risk of another asthma attack by helping Noah to stay healthy.

Donations to Parkview Noble Foundation are important because generosity and medicine work together to help patients like Noah, giving them the best chance at improved health and a higher quality of life.

Since receiving the air purifier, Noah hasn't been back to the hospital. Generosity truly does heal.

**Noah's name has been changed to respect the patient's privacy.*

Generosity and A Life Well-Led

Donations Give Seniors Hope and Support.

Your generosity supports our patients in many ways, including the LifeBridge Senior Program at Parkview LaGrange. As we grow older, changes in our physical ability, loss of loved ones, and isolation can lead to depression and anxiety. LifeBridge is an outpatient behavioral health program supported by donors like you.

Mary's is just one of the many lives that have been changed through the LifeBridge program. At the age of 74 she found herself sad and hopeless, wondering why her golden years weren't going as she had imagined they would.

Mary's doctor referred her to LifeBridge. At first Mary was not enthusiastic. She thought she could handle the situation herself. She didn't want to talk to a "group." It was difficult for Mary to accept the idea that she needed help.

However, once she found the courage to begin attending LifeBridge programs, Mary realized that she was not the only person who was struggling with concerns like hers. She quickly learned that there were others who felt the same way she did. She also found that the program provided her with more than a support group. It gave her a family. It provided her with friends with whom she could talk and laugh.

"I am so thankful for this program. I don't know where I would be today." For Mary, LifeBridge is "the only place I can come to let things go."



Mary, pictured above, cherishes the health and community she has found through the LifeBridge Program.

Your generosity is important and appreciated. Your generosity heals. Please consider making a one-time gift or a pledge of support to fund important programs like the Senior LifeBridge Program for our patients. Thank you.

Your 2017 Parkview Employee Generosity Campaign

During the month of February you will have the opportunity to support patients, their families and your fellow co-workers through a one-time gift or payroll deduction pledge to the Parkview Foundations. Your donation will be used to support the needs you identify as most important to you and will stay in your local community.

Fill out the Employee Giving Campaign form distributed by your supervisor, or donate online today at Parkview.com/EmployeeGiving.

Your Donation

Provides Hope - Transforms Lives - Changes Communities

Our Parkview Family Helps One of Its Own

Generosity came alongside Marcie when her family needed it most.

Generosity touches not only our patients, it also allows us to extend a helping hand to our co-workers when they are struggling.

When Marcie first started her career at Parkview Wabash over two decades ago, she was a single mother of three. Today she finds herself in that increasingly common stage of life in which she is caring for several generations within her family. Marcie and her husband, George, continue to help her three kids face adult health challenges. Marcie also cares for her mother who is in assisted living. With her children and her mother in need of support, Marcie's resources were quickly diminishing. She found herself at a breaking point.

Unexpected repairs meant that credit card bills began to snowball. Expenses continued to pile up. Marcie and her husband sought credit counseling in an effort to better manage their growing financial concerns. Just then, Marcie was faced with yet another unexpected family emergency.

“It wasn't a lot. But, it was just enough to keep us afloat.”

But as Marcie desperately faced these mounting difficulties,

her Parkview family stepped in to encourage her, just as they always have. Marcie knew about the Employee Emergency Assistance Fund and her supervisor urged her to seek help through the program.

“It wasn't a lot,” Marcie said. “But, it was just enough to keep us afloat.”



Marcie, is pictured above with her husband, George.

The Employee Emergency Assistance Fund is made possible entirely through the generosity of Parkview co-workers in support of Parkview co-workers. Whether it is a house fire, a medical situation, or one of life's random curve balls, the fund provides a haven from despair as it meets the most immediate needs our co-workers face.

Sometimes “just enough” is exactly what we need. Today, Marcie and George are doing much better financially. The generosity of Parkview co-workers saw Marcie through her difficult period, as it has for so many others.

In sharing her deep appreciation, Marcie passed along this note of gratitude: “Thank you to my co-workers for their friendship and willingness to support me in my time of need. I couldn't have made it this far in my journey without them.”

Your generosity is important and much appreciated. Generosity heals. Thank you for all you do!

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