



# PARKVIEW FOUNDATION

## ART HEALS THANKS TO GENEROUS DONORS

Donors through the Parkview Foundation have the opportunity to become patrons of the arts. Donations to the Parkview's Healing Arts program make it possible to offer a new and innovative way to treat more than our patients' physical ailments.

Donors to the Parkview Foundation provided seed funding for the Healing Arts program by sponsoring the artwork which hangs in the public areas of the Parkview Regional Medical Center. The program continues to be supported by gifts from individual donors, as well as grants by organizations such as the Edward D. and Ione Auer Foundation.

The halls of Parkview Regional Medical Center have come alive with the sound of music, as patients and the public were treated to an interactive demonstration by members of the Fort Wayne Ballet. Visual artists work one-on-one with patients in their rooms.



Research has shown that the arts have a demonstrated impact on reducing pain and stress levels in patients. Artists in Residence on the hospital floors also reduce stress and increase job satisfaction for the clinical staff.

The arts are capable of doing more than serving as a stress reliever or distraction for patients during their stay. The arts help forge a connection between clinical staff and those for whom they provide care.

Recently, a young man with Asperger's Syndrome was brought to the hospital with a collapsed lung. He was distressed, and was pulling out his IVs and fighting with the nurses. He was also developing

pneumonia in his other lung. Not being able to treat the patient put him in a life-threatening situation. The patient's mother mentioned that her son liked Godzilla. A team of Artists in Residence were brought in to help calm the young man. One of the artists began sketching Godzilla, while another began creating the monster using clay, catching the young man's attention. A movement artist asked the young man how he thought Godzilla moved. Soon, the artist and the patient were stomping and stampeding in slow-motion through the hallways and corridors of the unit. Once the young man was engaged and no longer frightened, he was more calm and allowed the medical staff to treat him.

Donors to the Healing Arts program are making a difference. On behalf of our Artists in Residence and the patients who have benefited from their creativity and your gifts, we say thank you.

If you would like more information on the Healing Arts program, please contact Stephanny Smith at (260) 373-7983.

### Connect with your Foundation

Parkview Foundation **Stephanny Smith** | (260) 373-7983 | Stephanny.Smith@parkview.com

Parkview Huntington Foundation **Mike Perkins** | (260) 355-3316 | Mike.Perkins@parkview.com

Parkview LaGrange Foundation **Darlene Amstutz** | (260) 424-9004 | Darlene.Amstutz@parkview.com

Parkview Noble Foundation **Jane Roush** | (260) 347-8809 | Jane.Roush@parkview.com

Parkview Whitley Foundation **Carrie Hoffman** | (260) 248-9802 | Carrie.Hoffman@parkview.com

# LOCAL DONORS TO HOME HEALTH AND HOSPICE PROVIDE COMFORT FOR WHITLEY COUNTY FAMILIES

Families throughout Whitley County look to Parkview Whitley Home Health and Hospice for hope in a phase of life full of the unknown. Often, the services that provide the most comfort for patients and loved ones are not required by healthcare standards or covered by insurance. The generosity of Parkview Whitley Foundation donors make these services available to patients and families at Parkview.

Decisions and circumstances can be overwhelming for the patient and family, but the care offered through Home Health and Hospice serve to provide peace and comfort for all involved. Local services supported by donations to Parkview Whitley Foundation include massage therapy and music therapy that relaxes a patient both mentally and physically. Receiving the comfort provided by these therapies can help increase comfort and reduce anxiety in what are the final and sometimes most poignant moments with family and friends.

Donations to Parkview Whitley Home Health and Hospice are used to directly support and care for family, friends and neighbors in Whitley County. The extra care and comfort provided as a result of local generosity often provides hope and peace during a journey that includes significant moments for family and loved ones.

## NEW PROGRAM PROVIDES BEHAVIORAL HEALTH SERVICES FOR PATIENTS

Innovation. Integration. Improved patient outcomes. These are more than just the latest buzz words in healthcare. It is estimated that 50% of the people with psychiatric disorders are undiagnosed at the primary care level. In those cases when primary care physicians are diagnosing anxiety and depression, 40% of the time they are not medicating according to accepted protocols.

Donors through the Parkview Foundation make a difference by providing funding for pilot programs that provide behavioral health services in our primary care practices. The program, known as Mental Health Integration in Primary Care, would not exist if not for the support of Foundation donors.

How is the program designed? The First Care Parkview Physicians Group office at New Vision Drive, Fort Wayne will have two mental health professionals on-site, provided by Parkview Behavioral Health (PBH): a psychologist and a behavior coach.

In addition to on-site staff, PBH will provide

psychiatric reach-in services: telephone consultation with a psychiatrist for primary care physicians, development of medication protocols, and case review. A web-based and phone app screening tool will be used for lifestyle and risk assessment.

Why does Parkview believe that this issue is important enough to use donor dollars – your gifts – to underwrite the first year of this program?

Appropriate diagnosis and medication will reduce both the number of unnecessary emergency department visits by patients with a psychiatric illness and resulting hospitalizations.

Integration of mental health services in primary care settings will promote smarter health care: better care, and better health, at lower costs. The potential number of patients that will be reached by the program each year is 8,000. Those are 8,000 patients in our community that your generosity will touch through innovation, integration, and improved outcomes. More than just buzz words, indeed.



*Parkview Noble Hospital's Meditation Garden provides a moment of peace and remembrance for patients, hospital co-workers and families.*

## GENEROSITY IN THE MEDITATION GARDEN HEALS THE GIVER AND THE RECEIVER

Generosity Heals - One very visible example of this can be found at the Parkview Noble Hospital Meditation Garden.

The garden, funded entirely by donors through the Parkview Noble Hospital Foundation, has become a place of tranquility for patients, their families and hospital co-workers seeking solitude from stress and concern. The Meditation Garden, with its tree-lined cobblestone pathway, flowering landscape, benches and gazebo, is a well-used area of the hospital grounds. People pause there before or after walking the path, or just visit the garden for the peace and quiet that can be found there.

In addition to the solitude, the area has also provided a way for people to honor a family member, friend, organization, physician or caregiver. As described in the following passage by one of Parkview Noble's own co-workers, generosity also provides healing for the giver.

*"My father went through a long 9-year process of passing away from many disease complications, including dementia, diabetes, and heart issues.*

*Last year, I was given the opportunity to be present at a celebration service held in the memorial garden as a tree was planted for a*

*deceased [Parkview Noble Hospital] nurse. I was touched by the live tree as a living memory for Tracy. When I spoke to Jane Roush, [Parkview Noble Hospital] Foundation Director, I offered to donate to buy another tree.*

*Recently, I happened to again bump into Jane and mentioned my father's death and somewhere in the conversation she brought up the idea of a*

**In addition to the solitude, the area has also provided a way for people to honor a family member, friend, organization, physician or caregiver.**

*memorial stone. I had seen them before as I use the garden area as a place for quiet mediation on occasion.*

*Jane sent me a form, I completed it, gave her a check and the stone engravers were out and did it the other day with several others. I went out this morning and found it near the gazebo. It again touched me deeply. I told my mother and [we] will drive up to see it soon.*

*The Foundation truly works. It brings a multitude of good things: healing, equipment, and help to those in need. I am so glad that when I came to Noble [over three years ago] it felt like family."*

*- John Arford, Parkview Noble Hospital  
Biomedical Services.*

## PATIENT SAVED BY CARBON MONOXIDE MONITORS

If you doubt that big help can come in a very small package, ask the Parkview Huntington Hospital Emergency Medical Service (EMS).

Last October, EMS Manager Carla Gebert received funding from donors through Parkview Huntington Foundation for five carbon monoxide (CO) monitors. These small devices are clipped to the “first-in bags” used by emergency medical technicians to carry their supplies on a call. The monitors can precisely measure the presence of carbon monoxide and, unlike the units they replaced, are “passive” – they do not need to be switched on by a technician before they “sniff” the air.

It wasn't long before the new devices proved their worth. In February, a Parkview Huntington EMS team was dispatched on a complaint of a person experiencing abdominal pain and coughing.

“The team went into the home to assess the patient,” Gebert related. “Almost immediately, the alarm beeper on the monitor went off. Within a couple of minutes, the monitor read 125 parts per million and the number was still climbing. The team called the fire department and rapidly removed the patient from the home for transport to the hospital.”

The Huntington firefighters did their own reading, which pegged the carbon monoxide level at 180 parts per million (ppm). Anything over 100 ppm is considered potentially hazardous.

“They told the team that was an extremely high reading and at a danger level of carbon monoxide,” Gebert said. “Without the CO monitor, EMS would not have known that carbon monoxide was a problem. I believe the detector saved the life of this patient.”



*Advanced EMT Vince Pugh is shown above carrying a “first-in” bag that includes the bright red generosity-funded carbon monoxide monitors.*

## CULVER'S DAY OF CARING CONTINUES

Culver's Restaurant patrons at Dupont Road and Washington Center locations in Fort Wayne were invited to enjoy a great meal and a dessert created especially for the local Day of Caring. Ten percent of all proceeds were donated to Parkview Foundation to support Parkview's Neonatal Intensive Care Unit (NICU).

At the close of the day, \$3000 was raised for the NICU. This Day of Caring also boasted the highest total funds raised. Since 2009, the Culver's Restaurants in Fort Wayne, owned by Bob and Sandy Geisler, have donated over \$20,000 to Parkview Foundation through their Day of Caring fundraisers.

Donors help make possible support and education programs for parents; specialized training for NICU clinical staff and new equipment and technology.

## DONOR SPOTLIGHT

### PARKVIEW FOUNDATION, DR. MARK & LAURA O'SHAUGHNESSY

Dr. Mark and Laura O'Shaughnessy are passionate about promoting health and well-being throughout our region. They have sought out volunteer and donor opportunities that align with their professional and personal priorities. For Dr. O'Shaughnessy, that includes volunteering with Fort 4 Fitness and Matthew 25 health and dental clinic. He also participates in Parkview's outreach efforts. Laura volunteers for Ronald McDonald House, and serves on committees for the Parkview Foundation's Cookin' Men and Connect events.



After Dr. O'Shaughnessy's cardiology group joined Parkview Physicians Group, he and Laura discovered the opportunities that exist to transform lives and provide hope through the Parkview Foundation. As they learned more about the mission of Parkview Foundation, they found that donor-funded projects within Parkview address a wide range of needs for patients and families throughout northeast Indiana and northwest Ohio.

"Projects like the exciting new Healing Arts Program and funding for the Mirro Family Research and Education Center prove that the Parkview

Foundation's mission is making a difference with long-term benefits," Dr. O'Shaughnessy said.

The O'Shaughnessy family is proud of the difference they are able to make throughout Parkview and the community through their gifts to the Parkview Foundation.

Specifically, Laura points out that donors have helped to provide over 25,000 mammograms and diagnostic tests to women throughout northeast Indiana and northwest Ohio through Parkview's partnership with Francine's Friends Mobile Mammography Program. Women who are uninsured or underinsured would not have had access to these services if it were not for the support and generosity of Parkview Foundation donors.

"It's important to understand the mission of the Foundation and how it serves the people of our community," said Laura. "After learning about their giving programs, we knew that our money would be well-spent serving Parkview patients and our community as a whole."

*Thank you, Mark & Laura, for your healing generosity.*

## Parkview Foundations Event Calendar

### June 20, 2014

Parkview LaGrange Pedal & Paddle benefiting the Immunization Education Program.

### June 26, 2014

Parkview Huntington Foundation Golf Classic supporting the purchase of a pair of medication infusion devices for Parkview Huntington Hospital Pediatric and Inpatient departments.

### July 25, 2014

Parkview Whitley Golf Classic benefiting the Parkview Whitley Medication Assistance Program

### September 8, 2014

Parkview Foundation Golf Classic benefiting the Catie B. Circle of Care pediatric navigation program.

### October 3, 2014

Parkview Whitley Pumpkin Run benefiting Parkview Whitley Home Health & Hospice.

### October 25, 2014

Parkview Huntington Community Gala

### November 22, 2014

Festival of Trees benefiting Parkview Noble & LaGrange Home Health & Hospice.

Register for these events and more at

[Parkview.com/Foundations](http://Parkview.com/Foundations)



*Stories like Alan's (left) and Christy's (right) showcase the life-changing events that happen because of Parkview's partnership with and dedication to our community.*

## PARKVIEW CONNECT OFFERS INSIGHT INTO THE LIVES TOUCHED AT PARKVIEW

At the Parkview Foundation, we wear many hats. Recently, we have added one more hat to our wardrobe - tour guides. We are inviting co-workers, donors, and members of the community to go on a tour of Parkview's mission at our twice-monthly Parkview Connect events.

At this point you are probably asking, what exactly is a mission tour? First, let me tell you what it is not. It is not a facility tour, because as beautiful as our hospitals are, they are not what is most important.

What is important are the stories of the lives that have been transformed by what happens under our roofs. Amazing things happen when we partner with other organizations to strengthen our communities, and when we reach out to people where they live, work, and go to school.

Parkview Connect is an opportunity for us to share with individuals how Parkview is transforming lives, changing communities, and providing hope.

At Parkview Connect we share stories about people in our community. We share stories through the eyes of our patients whose lives were saved; and stories about women who were able to access important screenings thanks to our donors' generosity. We also share stories

of children who are part of an often forgotten patient population at Parkview Behavioral Health.

The Connect events are not fundraising events. 12-15 people attend each mission tour and we do not ask for any donations during the Parkview Connect events. Those who have attended Parkview Connect have expressed their appreciation for the opportunity to learn more about Parkview.

“The connect event was a very moving and educational experience for me,” said Tracie Martin, Parkview Foundation board member and Connect attendee. “Through beautifully told patient stories, I learned the profound and dramatic effect that Parkview has on individuals and their families.”

If you would like to learn how you can attend or host a Parkview Connect event, please contact Stephanny Smith at (260) 373-7983 or [Stephanny.smith@parkview.com](mailto:Stephanny.smith@parkview.com).

**Over the years, guild gifts have directly benefited nine different funds .**

The Parkview Community Hospitals will soon launch their own versions of Parkview Connect events. Please contact your local Parkview Hospital Foundation for more information.

# DONOR-FUNDED LIFEVEST SAVED CHARLIE'S LIFE

At the Parkview Foundation we believe that generosity heals. But as a donor through the Parkview Foundation, you need to know that your gifts have actually saved lives.

Your generosity made it possible for us to say “Yes” when the Parkview Heart Institute asked for financial assistance to lease 23 LifeVests, at the total cost of \$70,000. A LifeVest is an external defibrillator the patient wears under their clothing 24 hours a day, 7 days a week for up to six months. If the patient’s heart stops, the LifeVest will restart it.

The 23 LifeVests funded through the Parkview Foundation are designated for patients who are at risk of sudden death and do not have insurance or the financial means to rent the equipment.

Charlie’s life was one of those saved because donations to the Foundation provided the necessary funding.

Charlie was in his 60’s. Until he reconnected with his sister recently, he had been homeless. She gave him a place to live, but he had no financial support and was having health problems. After Charlie visited a Parkview cardiologist, it was determined that he needed to have heart surgery. Until then, he would have to wear a LifeVest. Charlie argued against it, but Laurie Berghoff, MSN, RN, Director of Cardiovascular Surgical Services for Parkview, insisted.

Two weeks later, Laurie was notified by the LifeVest company that Charlie’s vest had been activated. When Laurie walked into Charlie’s hospital room, he smiled at her and said, “Laurie, it did exactly what you said it would, and I’m here!”

Your generosity has made a difference in Charlie’s life, and will continue to make a difference as the other vests are put to use by patients who otherwise would not be able to access or afford the technology.

## DONOR SPOTLIGHT

### PARKVIEW NOBLE FOUNDATION SILVER PILLAR, KARA WARRENER

Kara and Gerald Warrener have always known the importance of supporting the community they call home. As medical professionals, Kara and Gerald see first-hand the needs of others through the patients they see in their office and phone calls they receive at home.

When it comes to finding ways to help meet these needs and support their home community, Kara and Gerald have continued to choose to promote the health and well-being of Noble County and the surrounding area through donations to the Parkview Foundations.

“Through my husband’s participation as a Board member at Parkview Noble Hospital, we became aware of the many ways in which the Foundation benefits our community,” Kara Warrener explained. “It is essential to promote the health of the community, and Parkview Noble Foundation plays an integral role in this. It is an extension of what we do in our careers.”

There are a number of programs and funds supported by community donors like Kara and Gerald, including the Medication Assistance Program. Gifts to this specific program help provide emergency medication access for those in the community who would not otherwise be able to afford it.

“There are very few charitable organizations that directly benefit our local communities to the same extent as our Parkview Foundations,” Kara said. “The generosity of local donors to Parkview Noble Foundation allows us to make a difference in the lives of so many people each and every day.”

*Thank you, Kara and Gerald, for your healing generosity.*





**PARKVIEW  
FOUNDATION**

2200 Randallia Drive  
Fort Wayne, IN 46805

## **GOLF CLASSIC DINNER TICKETS SUPPORT NEW PEDIATRIC PROGRAM**

In its 20th year, Parkview Foundation's Golf Classic is a favorite among golfers in northeast Indiana. Selling out every year, participants from area businesses play a full round of golf. Golfers and non-golfers alike close out the day with a plated meal and live auction to support the cause.

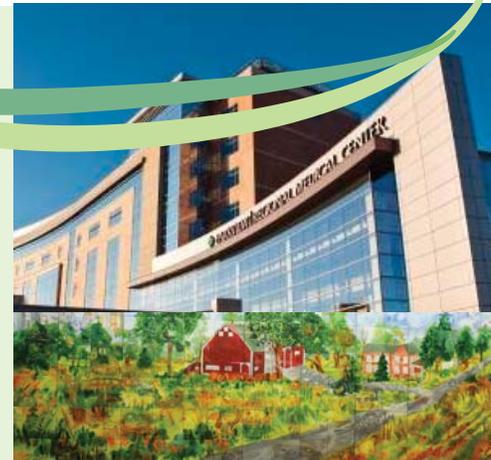
Proceeds from this year's Golf Classic will benefit the new Catie B. Circle of Care pediatric navigation program for families at the Parkview Women's & Children's Center. Catie B. Circle of Care is a unique, comprehensive support program offered to families of pediatric patients with special needs at Parkview. Catie B. services will include healthcare navigation guidance as well

as appropriate financial counseling, so parents can continue to focus on their child.

Catie B. Circle of Care was founded in partnership with Jason Baker and in honor of the journey his own family has endured following his sister's health experience as a child.

Catie B. Circle of Care at Parkview will provide resources for families that will promote long-term support and preserv hope amidst uncertainty.

Golf Classic Dinner Tickets are \$50 per person and will directly help support the mission of the Catie B. Circle of Care program. Purchase your tickets at [www.Parkview.com/SupportCatieB](http://www.Parkview.com/SupportCatieB).



Parkview Foundations exist to invest resources in the hospitals and programs of Parkview Health. Every dollar donated through Parkview Foundations is strategically invested to ensure that excellent care is provided to each patient every day.

[Parkview.com/Foundations](http://Parkview.com/Foundations)