

## NICU TOYS HELP LITTLE PATIENTS MAKE BIG LEAPS



*The Zaky positioning device, shown left, is wrapped around an infant for comfort. Photo provided by Nurtured By Design.*

When the Parkview Foundation's mini-grant cycle opened for applications, Brenda Prosser and her Neonatal Intensive Care Unit (NICU) team knew what they needed to apply for. Thanks to donations to Parkview Foundation and votes from their fellow co-workers, Parkview Regional Medical Center's NICU was able to purchase positioning and play devices for the infants in that unit.

"I'd first heard of the mini-grant when the Foundation sent out an email saying that they were accepting requests," said Brenda, a pediatric physical and occupational therapist in the NICU. "We were

thrilled that we could get these items to help these little babies and their families."

The positioning and play devices provide important sensory interaction for infants while they are in the NICU. Positioning devices come in the form of a "frog", a soft square pillow with two long sides that can be used to support and cocoon the baby's head, or can be folded up and tucked alongside the baby's body to help keep them stable.

Donor dollars also allowed the NICU to purchase several "Zaky" positioning items – a weighted fleece pillow shaped like a parent's arm.

These are used for positioning, but can also be a comfort item that helps calm the infant.

"We'll put this on their backs, or sometimes on their hip or on their shoulder, and this gives the little one comfort," says Brenda. "The more stress babies are under in the NICU, the more that takes away from their energy to grow and develop as they should."

"It's awesome to know that I work in a place that has the Foundation available. Not only does it help us here in the NICU, but they help all sorts of departments. I'm grateful to have that."

Donors directly support and enhance the care that all patients, and especially the tiniest patients, receive through their gifts to Parkview Foundation.

### Connect with your Foundation

Parkview Foundation **Stephanny Smith** | (260) 373-7983 | Stephanny.Smith@parkview.com  
 Parkview Huntington Foundation **Mike Perkins** | (260) 355-3316 | Mike.Perkins@parkview.com  
 Parkview LaGrange Foundation **Jane Roush** | (260) 424-9004 | Jane.Roush@parkview.com  
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 Parkview Whitley Foundation **Carrie Hoffman** | (260) 248-9802 | Carrie.Hoffman@parkview.com

## DONORS HELP PATIENT TO RETURN HOME

When Jeane\* suffered from a stroke, it was not clear how she would be able to return home and still continue to receive the care she needed. The list and cost of the medical equipment she required far exceeded what she or her family could afford.

“The [family] had been trying to choose which equipment to buy, because they couldn’t afford all of it,” said Many Jones, a physical therapist at Parkview Randallia.

Jeane required a special wheelchair that was made of lighter materials and would help prevent skin breakdown. She also needed a cane, hospital bed, and equipment that would help her bathe and dress herself. Without these items, she could not go home.

“We always try different avenues for patients first, to see what support is available,” Mandy said. “We were trying to let [Jeane] have a successful time getting home, but there weren’t really many options for that.”

“She was not eligible for Medicare or Medicaid, so there really wasn’t any other option but to call on the Special Touch donations through Parkview Foundation,” says Elizabeth Guevara, an occupational therapist with Parkview Randallia.

“The Foundation came through and paid for other things so that [Jeane] can go home with what she needs.”

Without help from donors, the equipment wouldn’t have been available to Jeane. In this scenario, that means that Jeane wouldn’t have been able to go home.

“Time and time again, Parkview Foundation donors come through for us,” says Jones, “so, thank you!”

*\*Jeane’s name has been changed for privacy purposes.*

## HEALTH AND WELLNESS STARTS AT WORK

When your job is to care for the health of others around you, it is often easy to forget how to make time to take care of your own health. The staff at Parkview Whitley Hospital knows this to be true, but until recently, finding time during their day to exercise and prioritize their own health was a challenge.

A solution was put into motion when the idea of an exercise facility was brought to the attention of Scott Gabriel, president of Parkview Whitley. Scott then asked Carrie Hoffman, Parkview Whitley Foundation Director, if generosity would help fund a project that would allow employees to focus on their own health goals.

Donors to Parkview Whitley Foundation made the fitness center a reality by providing \$20,000 to support the efforts to improve the health of its employees.

Through funds from the Foundation, two treadmills, two elliptical machines, a recumbent bike, one stationary bike, and a universal machine were installed in the center. Two televisions and a security camera were also installed.

“People don’t have time for a 45-minute workout, but the fitness center perpetuates the idea of ‘eat for 10 minutes, walk for 20,’” says Peter Talati, Physical and Cardiopulmonary Rehab Manager. “It’s great that donors through Parkview Whitley Foundation can help with projects like this. Without their help, this project would probably not have happened in the time frame that it did.”

Individual health is important to the health of a community and local donors to Parkview Whitley Foundation made it possible for Parkview Whitley employees to improve their health so that they can continue to care for the health of their community.



Jami Rice (second from right) is pictured here with her Fall 2014 Jill Dreyer Scholarship award.

## PARKVIEW FOUNDATION SCHOLARSHIP HELPS LOCAL NURSE FINISH EDUCATION

For adults who wish to continue their education, it usually involves high costs, large time commitments, and the stressful juggling of work, family life, and school courses. Jami Rice at Parkview Huntington Hospital ran into this situation while studying for her master's degree and working in Parkview Huntington's medical-surgical department. Thanks to donors to the Parkview Huntington Foundation Jill Dreyer Scholarship fund, Rice is able to more easily balance her education with her work schedule.

Rice is pursuing her master's degree with the goal of becoming a Family Nurse Practitioner. Thanks to the encouragement from her manager, Rice applied for the Jill Dreyer Scholarship to help support this goal.

"My manager asked me if I'd ever applied, since she knew I was in grad school. I was working extra hours at the time to help pay for it. Grad

school takes time," she says. "The further I went into it, the less time I had to work extra shifts to be able to pay for it. It was a nasty cycle." After hearing her manager's suggestion, Rice took a chance. She filled out the application. The work paid off – Rice was awarded the Jill Dreyer Scholarship.

**"Having scholarship programs like this, through a hospital, is a great representation of the hospital's attitude towards supporting education, as well as the care they provide to patients."**

"Having scholarship programs like this, through a hospital, is a great representation of the hospital's attitude towards supporting education, as well as the care they provide to patients. It's great," she continues. "There are people out there who allow me

to have an opportunity to continue my education. It takes a lot of stress off my shoulders."

Donations to the Jill Dreyer Scholarship Fund allow Parkview Huntington employees like Rice to not only pursue their own goals, but to gain education and training that enhances the care provided at Parkview Huntington Hospital. Generosity transforms lives at Parkview.

## Parkview Foundations Event Calendar

**April 25, 2015**

Parkview Foundation's Cookin' Men supporting access to breast cancer screenings through Parkview's mobile mammography fund

**June 20, 2015\***

Parkview LaGrange Pedal & Paddle for Parkview  
\*tentative date

**June 2015\***

Parkview Huntington Foundation Golf Classic  
\*Date to be determined

**July 24, 2015**

Parkview Whitley Foundation Golf Classic  
\*tentative date

**September 12 & 14, 2015**

Parkview Foundation Golf Classic and Benefit Dinner benefiting the Catie B. Circle of Care program at Parkview Women's & Children's Hospital

Register for these events and more at  
[Parkview.com/Foundations](http://Parkview.com/Foundations)

# CHARITY DONATES TECHNOLOGY FOR PEDIATRIC PATIENTS



*(above) Over \$29,000 worth of technology was donated to Parkview Women's and Children's Hospital for pediatric patients.*

For the second consecutive year, Child's Play Charities donated over \$29,000 worth of age appropriate toys, games, electronics, videos, video games, and iTunes gift cards to Parkview Women's and Children's Hospital. The toys, games, and electronics will be used in physical and occupational therapies in both the pediatrics unit and Parkview Behavioral Health. Having access to these items encourages children to practice motor skills, as well as to distract them and provide comfort during their hospital visit.

Patti Brahe, senior vice president of Parkview Women's and Children's Hospital, sees the difference donations like this make for children at the hospital. "These technologies and play items help us not only treat patients and help them with their environment, but also provide a level of comfort and distraction for the child," said Patti. "This gift allows us to make the child as comfortable as possible. Hospitals can be scary places, and things like movies and video games provide a sense of normalcy in a situation that isn't normal for them."

Child's Play is a non-profit founded in 2003 by Michael "Gabe" Krahuilik and Jerry "Tycho" Holkins as a way to both help sick kids, while challenging some of the negative stereotypes about the gaming community. The charity has partnered with children's hospitals throughout the United States and selected Parkview Women's and Children's Hospital in 2013 and 2014 as a donation recipient.

## DONOR SPOTLIGHT

### PARKVIEW NOBLE FOUNDATION, SUSAN JANSEN

Susan Jansen has lived in the Kendallville community for over 16 years, and for most of that time has supported the Parkview Noble Foundation. In fact, her family has a tradition of giving to Parkview.

“The first gift we gave was to the capital campaign,” she says. “We felt strongly that Parkview Noble Hospital was not only needed in our community, but would be a blessing to the residents.”

Since the current hospital opened in 2004, Jansen and her family have continued to support Parkview Noble Foundation, giving to programs such as the Festival of Trees for Hospice, the Golf Outing, and the Meditation Garden.

“When I have the opportunity, I like to tell friends and family about some of the Foundation’s programs, like Medication Assistance, and why philanthropic support is essential in providing healthcare,” Jansen says. “The Foundation supports such great programs within the hospital and the community, and I feel blessed to have been a part of this organization for the last nine years. I look forward to continuing this friendship!”



*Thank you, Susan, for your generosity.*

## TOYS PURCHASED WITH DONOR DOLLARS ASSIST IN HEALING

When children receive care at Parkview LaGrange Foundation, they often need resources to help calm their nerves, pass the time and support their treatment. Replacing these items after frequent use can be costly. Thanks to donations made through Parkview LaGrange Foundation, age appropriate toys continue to be available for pediatric patients.

Emily Plant, a registered nurse at Parkview LaGrange Hospital, explained, “The medical-surgical team went to Parkview LaGrange Foundation and suggested the toys as something that would be good to have.”

Emily knows that without the support of donations, the toys would have to be purchased by the nurses themselves, using their own money. Options exist for patients ranging from infant to eight years old and include rattle toys, plastic toys and DVDs.

“The pediatric patients we see coming through here are usually treated for things like dehydration, pneumonia, asthma, things like that. The toys and resources purchased with the donations help the children combat boredom, and also work as a reward. If a child has to go through a treatment or procedure, we sometimes let them pick out a toy afterwards.”

The fears and challenges children face in the hospital are made easier thanks to what these donations provide. Generosity helps Parkview LaGrange Hospital heal even these young patients.

# PARKVIEW NOBLE HEALTH AND WELLNESS CENTER OFFERS OPTIONS FOR COMMUNITY

Changing health habits is hard, but it is often made easier by having access to the right resources and education. Thanks to donations from Noble County residents, the Parkview Noble Community Health and Wellness center is able to support your personal health goals.

Donations provide wellness opportunities for the Noble County community that include fitness classes like yoga, zumba, slow yoga, tai-chi, and dance. Free lectures are also presented with a wide range of health topics such as Alzheimer’s Disease and diabetes.

“One of the biggest problems can be a lack of opportunities to enhance health. We have huge opportunities to provide things to the community that are free or very low cost, so that we can enhance their health,” said Kristen Ruble of Parkview Noble Community Health and Wellness Center.



*(above) Noble County residents take advantage of a yoga class at the Parkview Community Health and Wellness Center.*

## Parkview Noble Community Health and Wellness Center

Fitness Equipment	Donations to Parkview Noble Foundation help provide fitness equipment like hand weights, balls, and yoga mats
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Fitness Classes	\$5 per day, \$3 per class, or \$30 for a punch card
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Cooking Demonstrations	Free of charge - Provided by Parkview Community Health Improvement
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Lectures	Provided free of charge by Parkview Health
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Cooking demonstrations are given by a registered dietitian, and free or reduced-cost clinical services are made available. These services include blood work, blood pressure checks, foot screenings, immunizations, diabetes classes and support groups.

Upcoming educational programs will include “All About Her” which will teach teen girls about healthy relationships, and informational sessions that will feature fall prevention, successful caregiving, and other topics that will be important for a number of people facing these health situations.

“Without help from donors through Parkview Noble Foundation, we wouldn’t be able to offer some of the classes we do, because there just wouldn’t be funding,” says Ruble. “The effect on patients would result in decreased fitness and nutritional opportunities. Some of our current training wouldn’t be available and, the medication assistance program wouldn’t be around to help patients who qualify.”

## DONOR SPOTLIGHT

### PARKVIEW FOUNDATION BRONZE PILLAR, DAN GARMAN

Dan Garman doesn't remember his first gift to Parkview, but says it likely had to do with the opportunity to help a co-worker through the Employee Emergency Assistance Fund. For Dan, a long-time donor to Parkview Foundation and senior vice president of Parkview Emergency Services, the reason for giving has everything to do with where the money goes.

"The influence to donate was more from what I see daily in my various roles at Parkview: the significant needs of people within our community and within our Parkview family. Knowing that we can respond to these needs as an organization compels me to want to always support the Foundation," he says.

For Garman, the work that Parkview does is important, but the more important factor is the unrelenting willingness to care for anyone who needs it, regardless of their ability to pay. This attitude is what inspires Garman to give through the Parkview Foundations so that the important health needs of people in our community can continue to be met.

Garman has seen generosity heal in many ways. When a co-worker's child was injured and brought to the ER, the co-worker later told him that the care their child received, including the interaction with the Child Life Specialist, was exceptional.

"Hearing this when it comes to providing care makes me proud to be part of this organization," he says.

For those considering donating, Garman has a message.

"Please, do! The impact of a small donation is magnified when combined with other donations and the results are simply amazing – we live our mission through our Foundation to improve the health and wellbeing of our communities."



## FOUNDATION GOLFERS SUPPORT CHILDREN AND THEIR FAMILIES

The sponsors and golfers of Parkview Foundation's annual Golf Classic event enjoyed a beautiful day on the Fort Wayne Country Club golf course and raised \$168,000. These funds will provide over one year of support for the new Catie B. Circle of Care program at Parkview Women's and Children's Hospital.

The Catie B. Circle of Care program was established entirely with donations made through Parkview Foundations. This new program provides Parkview Women's & Children's Hospital with the funding needed to give families and caregivers access to professionally-trained navigators for children facing chronic or serious healthcare needs.

The sold-out event was held at Fort Wayne Country

Club and featured 75 local sponsors and over 230 local golfers. Fort Wayne native and NFL veteran Jason Baker and his family were also present at the event to support the mission of the new Catie B. Circle of Care program. The Catie B. Circle of Care program has been named in honor of Jason's sister, Catie, who conquered pediatric brain cancer when she was a teenager.

The generosity of sponsors, golfers and dinner attendees will ensure that families have support in navigating through their child's healthcare experience. Catie B. Circle of Care navigators will provide support and resources to families in a critical time of need, enabling parents to focus more on their child.

## 2014 PARKVIEW FOUNDATION SCHOLARSHIP RECIPIENTS

Parkview Foundation is privileged to partner with local donors in providing college tuition assistance to local seniors and Parkview employees who are pursuing health related careers. Excellent education leads to excellent care for patients at Parkview. Congratulations to these students for their hard work and high goals.

- **Parkview Foundation Sue Johnson Nursing Scholarship**  
Mica Fensler
- **Parkview Huntington Foundation Jill Dreyer Scholarship**  
Jami Rice, Justin Asher, Amanda Connelley
- **Parkview Noble Foundation Karen Denney Nursing Scholarship**  
Lindsey Casselman

Contact your local Parkview Foundation to learn about scholarship opportunities made possible by donor generosity.

### WE'RE MOVING!

The Parkview Foundation office in Allen County will have a new home beginning January 16, 2015. You will be able to visit us at the Parkview Mirro Center for Research & Innovation, 10622 Parkview Plaza Drive, or call us at (260)266-7800.



Parkview Foundations exist to invest resources in the hospitals and programs of Parkview Health. Every dollar donated through Parkview Foundations is strategically invested to ensure that excellent care is provided to each patient every day.